



We are a welcoming Christian community which embraces all people.  
We support each other to grow in faith and create a loving and compassionate community.  
We aspire to live as Christ's witnesses of God's unconditional love.

We are committed to  
being a Child-Safe  
Community

## THIRD SUNDAY IN LENT 8 - 3 -26

This week: Ex 17:3-7, Rom 5:1-2,5-8, Jn 4:5-42  
Next week: 1 Sam 16:1, 6-7, 10-13, Eph 5:8-14, Jn 9:1-41

In Year A we read, on the third, fourth & fifth Sundays of Lent, the readings associated with these Sundays since the days of the early Church (the 3 year cycle of readings was only introduced in the wake of Vatican II).

They are readings especially chosen for those preparing for baptism, but offer a challenge also to those who are already baptised. They are about three great encounters with Jesus in John's Gospel and explore what being his follower is about.



Today we have Jesus' great conversation with the Samaritan woman at the well.

She comes to draw water from the well. Jesus turns the conversation to *living water*. She draws water because she's thirsty. Jesus turns the conversation to *a deeper thirst*.

The great baptismal and Lenten question that this encounter puts before us, both to those preparing for baptism and to those of us who are baptised, is **whether we are in touch with that deeper thirst - for God - and whether we do anything about quenching it.**

Fr Colin



## Palms for Palm Sunday (29th March)

Once again we're going to need your help to ensure that we have palms for our community for Palm Sunday.

Do you (or a friend) have some palms trees? Could you bring them - cut down to individual person's size (~15cm segments of the branch) - in time for Palm Sunday?

Please bring them to drop off in the baskets provided in our two churches on 22nd March (the Sunday before Palm Sunday).

## Healing Mass

Our monthly Healing Mass will be celebrated **this Friday 13th March** at 10am at Immaculate Heart of Mary Church at Killara followed by morning tea in St Joseph's Hall



Our second Lenten Ecumenical Service with our fellow local Churches takes place this week:



**THIS Tuesday 10<sup>th</sup> March at 7:30pm** at Roseville Uniting Church (7 Lord St, Roseville)



## MONORANJON from BANGLADESH



Monoranjon lives in a village in Bangladesh close to the sea, where floods and storms often damage his crops and his home. With support

from Project Compassion, he learnt climate-resilient farming techniques and new ways to diversify his income, helping his family survive and build a safer, more sustainable future.



**UNITE AGAINST POVERTY**

this Lent

Please donate today.

You can support Project Compassion 2026 through the donation boxes, envelopes or by scanning the QR code.

Or online at: [www.projectcompassion.org.au/donate](http://www.projectcompassion.org.au/donate)

Or by calling: 1800 024 413

Thank you for standing with us, as we *Unite Against Poverty* this Lent.

## ALL ABOUT LENT & EASTER



Use this hotlink box on the homepage of our website ([www.lindfieldkillara.org.au](http://www.lindfieldkillara.org.au)) for all the information on Lent & Easter in our parish.

## LENTEN ECUMENICAL SERVICES

Once again we gather with our sisters and brothers from our fellow local Churches to keep the time of Lent together and to build the bonds of unity for which Jesus prayed at his last supper: 'Father, may they be one...' Please make it a priority to take part in these precious opportunities:

**THIS Tuesday 10th March at 7:30pm**  
at Roseville Uniting Church, 7 Lord St.  
Preacher: Rev. Christian Hohl

**Tuesday 24th March at 7:30pm**  
at Holy Family Catholic Church at Lindfield  
Preacher: Rev. Yangrae Son

*This week!*



## WEEKDAY MASS IN LENT

provides a rich opportunity. The daily Scripture readings give food for thought and a challenge for the heart, and our meeting with the Lord in the Eucharist deepens our love for Him and for one another.

And remember parking is now available at Lindfield - for the duration of weekday Mass you can park on the internal road or double park in the teachers' carpark (and in Coles!).

## A thought on Lent - from the Archbishop of Canterbury's Facebook page

On Ash Wednesday we are reminded that we are dust - that life is fragile, that we do not always get things right, that we need God's mercy.

For forty days, we walk with Jesus in the wilderness - a place of testing, but also of trust.

We see his faithfulness. We see his steady confidence in the Father. And we are invited to place our own trust in him.

Lent is not always an easy road. But it is a hopeful one. It is a season of return.

Return to Christ, who knows our weakness.  
Return to Christ, who meets us with mercy.  
Return to Christ, who leads us towards hope.

In a world that can feel anxious and divided, this season offers something steady: confidence not in ourselves, but in the love and grace of Jesus.

May these forty days draw us closer to him, and renew in us a quiet, resilient hope.



*The Temptation in the Wilderness by Briton Rivière*

## PARISH POTLUCK DINNER

A reminder that on the third Sunday of every month we have our parish potluck dinner following the Sunday evening 6pm Mass.

It takes place in St Brigid's Hall above the church.



Please set this time aside to help build our parish community. If you're a young family you can be home just after 7:30, the kids fed & ready for bed.

But every one of every age is welcome. If you can, please bring a dish, but if you can't please come along anyway.

**THE NEXT POTLUCK DINNER IS ON NEXT SUNDAY 15<sup>TH</sup> MARCH!**



**The Scrutinies** are an ancient Lenten rite of the Church celebrated with those preparing for Easter baptism.

They call the Elect to a period of self-searching and a change of heart aimed at strengthening, healing, and purifying them in readiness for baptism at Easter.

The Scrutinies are celebrated around the world within Mass on the third, fourth and fifth Sundays of Lent. We will vary which Mass in which each Scrutiny takes place over the next three weeks so that a wider range of our community may be with our Elect in this final part of their preparation for the Easter sacraments.

Importantly though, the Scrutinies are not just for the Elect - as we witness them, they invite *all of us in our Christian community* to the same self-searching & change of heart during these days of Lent.

*Fr Colin*

## HELP US TO MAKE OUR EASTER BEAUTIFUL - PLEASE BE PART OF OUR EASTER CHOIR

Our Easter Choir will sing on Holy Thursday, Good Friday and the Mass of the Easter Vigil.

To ensure we are well prepared there will be three rehearsals.

If you wish to sing please attend **all** rehearsals.

Sunday 15th March 2:30pm to 4:30pm at Lindfield Church

Sunday 22nd March 2:30pm to 4:30pm at Lindfield Church

Sunday 29th March 2:30pm to 4:30pm at Lindfield Church

Rehearsals start promptly so please arrive 10 minutes early to get settled.

We look forward to contributing the beauty of these wonderful celebrations through our music.

For any further information please contact Catherine Willis at [catherinewillis@gmail.com](mailto:catherinewillis@gmail.com)



As we gather in worship on this day we acknowledge the Traditional Owners of the land on which our parish is found. We also pay our respects to Elders past and present.

### LENTEN REFLECTIONS ON LOVE III

In expanding on Paul's vision of love that it is not jealous or boastful, Pope Francis points out that love invites us to rise above ourselves, whereas envy closes us down. True love values the other person's achievements. It does not see him or her as a threat.

Think of how Jesus dealt with the Pharisees. He never boasted about his filial relationship with God to trump their knowledge. When they asked him about curing a man with a withered hand on the Sabbath, he pointed out that they would save one of their sheep if it fell into a hole on the Sabbath. Wasn't it then a greater act of love to heal this man, than to adhere to the Sabbath restrictions? (Matthew 12: 9-14) In discussing how love can be arrogant, Pope Francis notes that literally it means that we do not become "puffed up" before others. Yet what really makes us

important, according to Francis and Paul, is a love that understands, shows concern and embraces the weak.

Our challenge this week is to look into our hearts and find if this type of love is taking root. A love that is not arrogant or rude, but kind and gentle can be a tough sell in a city where our worth is often measured in how much power and influence we wield. Yet a love that is gentle and kind is available to all of us when we talk with Jesus about our desire to love as he loved. How can we show a kind and gentle love this week, that challenges indifference to the weak in our city and our world?

-Roger Sullivan

*These weekly Lenten reflections come from Holy Trinity Parish, a Jesuit-led parish in Washington DC.*

### A HELP FOR PRAYER DURING LENT....

Why not set a little time aside and tap into the short daily guided meditations at:

<https://pray-as-you-go.org/>

Or explore the immensely rich and wider offering of prayer resources at :

<https://pray-as-you-go.org/discover>



Could you help ?

towards the cost of the Easter flowers for our two churches?



**First way:** Please scan the code to the left and under 'My Payment is for' select option 5: 'Flowers'.

**Second way:** Just phone (94163702) or email [parishoffice@lindfieldkillara.org.au](mailto:parishoffice@lindfieldkillara.org.au) to organise for your donation. Many thanks. Fr Colin

### THE SACRAMENT OF RECONCILIATION



Reconciliation

Please make use of the beautiful sacrament of God's mercy during Lent. The sacrament is available each Saturday (see page 6). Once Holy Week begins there will be no times for Reconciliation as by then our Easter preparations should be concluded.

We will also have a celebration of the **Second Rite of Reconciliation** in our Killara church on **Wednesday 25<sup>th</sup> March** at 7:00pm.

### A REFLECTION FOR LENT .....

The great mystery of God's compassion is that in God's compassion, in God's entering with us into the condition of a slave, God reveals himself to us as God. God's becoming a servant is not an exception to his being God. God's self-empowering and humiliation are not a step away from his true nature. God's becoming as we are & dying on a cross is not a temporary interruption of his divine existence. Rather, in the emptied and humbled Christ we encounter God, we see who God really is, we come to know his true divinity.

In his servanthood God does not disfigure himself, does not take on something alien to himself, God does not act against or on spite of his divine self. On the contrary, it is in his servanthood that God chooses to reveal himself as God to us. Therefore, we can say that the downward pull as we see this in Jesus is not a movement away from God, but a movement toward God as God really is: a God for us who came not to rule but to serve. This implies very specifically that God does not want to be known except through servanthood & that, therefore, servanthood is God's self-revelation.

Joy and gratitude are the qualities of the heart by which we recognise those who are committed to a life of service in the path of Jesus Christ ...Wherever we see real service we also see joy, because in the midst of service a divine presence becomes visible and a gift is offered. Therefore, those who serve as followers of Jesus discover that they are receiving more than they are giving. Just as a mother does not need to be rewarded for the attention she pays her child, because her child is her joy, so those who serve their neighbour will find their reward in the people whom they serve. The joy of those who follow their Lord on his self-emptying and humbling way shows that what they seek is not misery and pain but the God whose compassion they have felt in their own lives: their eyes do not focus on poverty and misery, but on the face of the loving.

*From 'Show me the way - Readings for each day of Lent' by Henri Nouwen*



### Parish Retreat Tarrawarra Abbey

**Details:** arrive afternoon of Monday 13<sup>th</sup> April, depart lunchtime Sunday 19<sup>th</sup> April

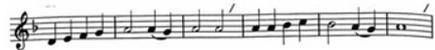
**If you would like to take part** please let me know ([colin@lindfieldkillara.org.au](mailto:colin@lindfieldkillara.org.au)) as soon as possible so that we can confirm our bookings. There are only 10 spaces available on each retreat. Fr Colin

For more information and background go to our parish website ([www.lindfieldkillara.org.au](http://www.lindfieldkillara.org.au)) and then click on Groups & Ministries → Adult Faith Development → Parish Retreats.

## Hymns for the Third Sunday in Lent

### ENTRANCE:

#### LOVE WILL BE OUR LENTEN CALLING



Love will be our Lenten calling,  
love to shake and shatter sin,  
waking every closed, cold spirit,  
stirring new life deep within,  
till the quickened heart remembers  
what our Easter birth can mean.

Peace will be our Lenten living  
as we turn for home again,  
longing for the words of pardon,  
stripping off old grief and pain,  
till we stand, restored and joyful,  
with the Church on Easter day.

Truth will be our Lenten learning:  
hear the Crucified One call!  
Shadowed by the Saviour's passion,  
images and idols fall,  
and, in Easter's holy splendour,  
God alone is all in all.

Elizabeth Smith ©1997\*

#### DEDICATION OF THE GIFTS: COME TO THE WATER

Refrain: Come to the water! You who are thirsty!  
Though you have nothing, I bid you come!  
And be filled with the goodness I have to offer!  
Come! Listen! Live.

1. Why spend your money on what cannot fill  
The emptiness deep in your heart?  
Listen to My word and you will enjoy  
Goodness and peace in your heart!

2. Just as the heavens are high above earth;  
My ways and thoughts beyond you!  
Call me your Father and know I am near!  
I will be Father to you!

3. Just as the rain falls to water the earth;  
Just as a seed becomes bread  
My word upon you can never return  
Until My longing is filled! *Refrain*

Frank Andersen ©1978, Missionaries of the Sacred Heart\*\*

#### COMMUNION: TABLE OF PLENTY

##### Refrain

Come to the feast of heaven and earth!  
Come to the table of plenty!  
God will provide for all that we need,  
here at the table of plenty. *Refrain*

O come and sit at my table  
where saints and sinners are friends.  
I wait to welcome the lost and lonely  
to share the cup of my love. *Refrain*

My bread will ever sustain you  
through days of sorrow and woe.  
My wine will flow like a sea of gladness  
to flood the depths of your soul. *Refrain*

Dan Schutte ©1992, OCP.\*

#### RECESSIONAL: LORD, BE MY VISION

1 Lord, be my vision, supreme in my heart,  
bid every rival give way and depart:  
you my best thought in the day or the night,  
waking or sleeping, your presence my light.

2 Lord, be my breastplate, my sword for the fight:  
be my strong armour, for you are my might;  
you are my shelter, and you my high tower  
raise me to heaven, O Power of my power.

3 I need no riches, nor earth's empty praise:  
you my inheritance through all my days;  
all of your treasure to me you impart.  
high King of heaven, the first in my heart

4 High King of heaven, when battle is done,  
grant heaven's joy to me, bright heaven's sun;  
Christ of my own heart, whatever befall  
still be my vision, O Ruler of all.

Words: The Jubilate Group ©1982 The Jubilate Group\*\*

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\*OneLicense # A-730534 / \*\*CCLI License #746289

## Hymns for the Children's Mass

### ENTRANCE: ALL ARE WELCOME

Let us build a house where love can dwell  
And all can safely live.  
A place where saints and children tell  
how hearts learn to forgive.  
Built of hopes and dreams and visions  
rock of faith and vault of grace,  
here the love of Christ shall end divisions.  
All are welcome  
All are welcome  
All are welcome in this place.

Let us build a house where prophets speak  
And words are strong and true;  
where all God's children dare to seek  
to dream God's reign anew.  
Here the Cross shall stand as witness  
and as symbol of God's grace.  
Here as one we claim the faith of Jesus.  
All are welcome  
All are welcome  
All are welcome in this place.

Let us build a house where love is found  
in water, wine and wheat.  
A banquet hall on holy ground  
where peace and justice meet.  
Here the love of God, through Jesus  
is revealed in time and space,  
as we share in Christ the feast that frees us.  
All are welcome  
All are welcome  
All are welcome in this place.

Marty Haugen ©1994, GIA Publications Inc.\*

### DEDICATION OF THE GIFTS: HOLD MY HAND

Hold my Hand, Take my life,  
Lord I believe, Lord I receive  
Into my life.  
Come Lord Jesus, be my guide;  
show me the way, for I'm just a child.  
With a great need for love  
here I come. [Repeat]

Andrew Chinn ©1996, Butterfly Music\*

### COMMUNION HYMN: JESUS LOVES ME

Jesus loves me, this I know, for  
the Bible tells me so.  
Little ones to him belong;  
they are weak, but he is strong.

##### Refrain:

Yes, Jesus loves me!  
Yes, Jesus loves me!  
Yes, Jesus loves me!  
The Bible tells me so.

Jesus loves me, he who died  
heaven's gate to open wide.  
He will wash away my sin,  
let his little child come in.  
[Refrain]

Jesus loves me, this I know,  
as he loved so long ago,  
taking children on his knee,  
saying, "Let them come to me."  
[Refrain]

Public Domain - Anna Warner 1860

### RECESSIONAL : CHANGE YOUR HEART

Change your mind, in truth, come & walk with me.  
Change your heart, my love will set you free.

1. Jesus came to call the lost ones.

One day he called to me:  
"Leave darkness behind, come walk in the light I want you to  
follow me" He said...

2. So I walked along the path with Jesus,  
a follower I would be.

He spoke of God's love, He spoke of God's truth,  
And the Good News set hearts free.

3. Then after the darkest hour

when Jesus died on Calvary  
the dark turned to light and death turned to life.  
He said, "I want you to lead with me".

4. So like Matthew we are called to follow.

And like Matthew we are called to lead.  
Follow with love, let truth lead the way.  
In truth and love come walk with me.

Andrew Chinn ©2004\*\*

**LENT**  
Pray + Fast + Give

# The Prayers and Responses of Mass

**WE ABSTAIN FROM THE JOYFUL WORDS OF  
THE GLORIA AS WE AWAIT THE  
CELEBRATION OF THE DEATH AND  
RESURRECTION OF JESUS AT EASTER.**



## THE PSALM

PS 94 (95): 1-2, 6-9

Come, ring out our joy to the Lord;  
hail the rock who saves us.  
Let us come before the Lord, giving thanks,  
with songs let us hail the Lord.

Come in; let us bow and bend low;  
let us kneel before the God who made us  
for the Lord is our God and we  
the people who belong to God's pasture,  
the flock that is led by God's hand.

O that today you would listen to God's voice!  
'Harden not your hearts as at Meribah,  
as on that day at Massah in the desert  
when your ancestors put me to the test;  
when they tried me, though they saw my work.'

## THE NICENE CREED

I believe in one God,  
the Father almighty,  
maker of heaven and earth,  
of all things visible and invisible.

I believe in one Lord Jesus Christ,  
the Only Begotten Son of God,  
born of the Father before all ages.  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
consubstantial with the Father;  
through him all things were made.  
For us men and for our salvation  
he came down from heaven,

(all bow at the following  
words in bold):

**and by the Holy Spirit was  
incarnate of the Virgin Mary,  
and became man.**

for our sake he was crucified  
under Pontius Pilate,  
he suffered death & was buried,  
and rose again on the third day  
in accordance with the Scriptures

He ascended into heaven  
and is seated at the right hand of  
the Father.

He will come again in glory  
to judge the living & the dead  
& his kingdom will have no end.

I believe in the Holy Spirit,  
the Lord, the giver of life,  
who proceeds  
from the Father and the Son,  
who,  
with the Father and the Son,  
is adored and glorified,  
who has spoken  
through the prophets.

I believe in one, holy,  
catholic and apostolic Church.  
I confess one Baptism  
for the forgiveness of sins  
and I look forward  
to the resurrection of the dead  
and the life of the world to come.  
Amen

## GOSPEL ACCLAMATION

Glory to you, Word of God, Lord Jesus Christ!  
Lord, you are truly the Saviour of the world;  
give me living water, that I may never thirst again.  
Glory to you, Word of God, Lord Jesus Christ!

## MEMORIAL ACCLAMATION

Save us, Saviour of the world,  
for by your Cross and Resurrection  
you have set us free.

## FR RICHARD ROHR OFM'S MEDITATION: A WILDERNESS JOURNEY

*Brian McLaren describes some of the modern  
addictions that keep us from choosing the difficult path  
to freedom:*

Most of us spend a lot of our lives trying to get out of  
something old and confining and into something new  
and free. That's why we so easily identify with Moses  
and the freed Hebrew slaves on their journey through  
the wild wasteland known as the wilderness.

The truth is that we're all on a wilderness journey out  
of some form of slavery. On a personal level, we know  
what it is to be enslaved to fear, alcohol, food, rage,  
worry, lust, shame, inferiority, or control. On a social  
level, in today's version of Pharaoh's economy,  
millions at the bottom of the pyramid work like  
slaves from before dawn to after dark and still never  
get ahead. And even those at the top of the pyramid  
don't feel free. They wake up each day driven by ...  
the lash of their own inner slave drivers: greed, debt,  
competition, expectation, and a desperate, addictive  
craving for more....

We have much to learn from the stories of Moses and  
his companions. We, too, must remember that the  
road to freedom doesn't follow a straight line from  
point A to point B. Instead, it zigzags and backtracks  
through a discomfort zone of lack, delay, distress, and  
strain. In those wild places, character is formed—the  
personal and social character needed for people to  
enjoy freedom and aliveness.

*Author Cole Arthur Riley reminds us of the slow work  
of liberation:*

Could you wander for forty years if it meant freedom?  
If you listen, you can still hear them groaning—they  
who were rescued, only to find that freedom is never  
so easily won. That liberation is a path marked by  
uncertainty and thirst and grief over all that was lost  
in the revolution. In Exodus, we are faced with a God  
of slow rescue.... Perhaps God knew that part of  
liberation is confronting anything you might hunger  
for more than it.

*McLaren continues:*

The wilderness journey is always difficult and seems  
to last forever.... But the truth is, if we arrive before  
we've learned the lessons of the wilderness, we won't  
be able to enjoy the freedom that awaits us in the  
promised land beyond it. There is wisdom we will  
need there that we can gain only right here. There is  
strength and skill we will need in the future that we  
can develop only here and now, on the wilderness  
road. There is moral muscle we will need then that we  
can exercise and strengthen only through our  
struggles on this road, here and now....

We will often be tempted to return to our old lives,  
but in that tension between a backward pull and a  
forward call, we will discover unexplainable  
sustenance (like manna) and unexpected refreshment  
(like springs in the desert). Against all odds, walking  
by faith, we will survive, and more: we will learn  
what it means to be alive.

**Killara Church**  
5:30pm Vigil  
9.00am\*

**Lindfield Church**  
8.30am 10.15am\*\*  
12noon Chinese Mass  
6:00pm Youth Mass\*\*\*

\* Morning Tea follows 9am Mass at Killara on the 1st Sunday.  
\*\* 10:15am Mass on the 2nd & 4th Sundays is a Children's Mass, and is followed by morning tea.  
\*\*\* Parish Pot Luck dinner follows 6pm Mass on the 3<sup>rd</sup> Sunday.

Weekday Mass this week  
Third Week in Lent

Mon. 8am Killara  
Tues. 8am Killara  
Wed. 10am Lindfield  
Thur. 10am Lindfield  
Fri. 10am Killara (Healing Mass)

**The Ordinariate of Our Lady of the Southern Cross**  
(gathering in our church at Killara):

Mass Wednesday 6pm (preceded by Exposition from 5pm)  
Thursday 9am Friday 9am Sunday 12 noon  
Evensong 4th Sunday of the month 4pm

Sunday Mass Roster

<b>SATURDAY</b> Killara 5:30PM	<b>7 MAR.</b> Fr Colin	<b>14 MAR.</b> Fr Anselam
<b>SUNDAY</b> Lindfield 8:30AM Killara 9:00AM Lindfield 10:15AM Lindfield 12:00PM Lindfield 6:00PM	<b>8 MAR.</b> Fr Colin Fr Stephen Fr Colin Fr Hien Fr Anselam	<b>15 MAR.</b> Fr Colin Fr Stephen Fr Colin Fr Hien Fr Colin

**How to contact us**

**Fr Colin Blayney PP VF, Parish Priest**  
0475 558 500 colin@lindfieldkillara.org.au

**Parish Office Hours: Tue-Fri. - 9.30am - 4pm**

**Postal address: PO Box 22, Lindfield NSW 2070**

**P: 9416 3702 E: parishoffice@lindfieldkillara.org.au**

**Parish Website: www.lindfieldkillara.org.au**

**Fr Stephen Hill, Priest-in-residence**  
(voice only) 0474 303 261 fr.stephen@me.com

For all of our staff click on 'Our Parish' on the website.

**Holy Family School: 4 Highfield Rd, Lindfield**  
E info@holyfamily.nsw.edu.au Ph.7256 2141

**Ways that you can support our parish**

**1. Direct debit contributions from your bank A/C:**

**1st Collection:**

(providing for the priests of the parish & retired & sick clergy):  
BSB 062 784 Ac 10000 1624

**2nd Collection:**

(providing for all the operating costs of the parish):  
BSB 062 784 Ac 10000 1623

**2. Credit card:** Scan the code & then select each of our two collections

**3. Periodic payments from your credit card:**  
Just click on the hotlink box entitled 'Supporting parish finances' on our homepage (www.lindfieldkillara.org.au) or email accounts@lindfieldkillara.org.au for assistance.

**4. The Tap Machines** are available in our two churches.



**MARCH**

**Online Meditation Group every Wednesday 8:00-8:30am.**

Sun. 8th 10.15am Children's Mass followed by morn. tea  
Tues. 10th 7:30pm Lenten Ecumenical Service  
Wed. 11th 7:30pm Scripture study (online)  
Fri. 13th 10:00am Healing Mass at Killara  
Sun 15th Potluck dinner following 6pm Mass  
Tues. 17th Parish Pastoral Council  
Wed. 18th 11:00am Scripture study (online)  
Fri. 20th 11:00am Seniors' Social Group  
Sun. 22nd 10.15am Children's Mass followed by morn.tea  
Tues. 24th 7:30pm Lenten Ecumenical Service  
Wed. 25th 10am Book Club  
7:30pm Second Rite of Reconciliation

**THE SACRAMENT OF RECONCILIATION**

Saturdays 5:00-5:15pm at Killara

**Our Chinese Catholic Community**

四旬期第三主日 8.3.2026  
中文主日彌撒正午12時  
讚經一 (請給我們水喝!)  
恭讀出谷紀 17:37  
答唱詠 詠95:1-2, 6, 7, 9

【答】：你們今天該聽從他的聲音，不要再那樣心硬。(詠95:8)

領：請大家前來，我們要向上歌舞，齊向救助我們的磐石，高歌歡呼：一齊到他面前，感恩讚頌，向他歌唱聖詩，歡呼吟詠。【答】

領：請大家前來，一齊伏地朝拜，向造我們的主，屈膝示愛。因為他是我們的真神，我們是他牧養的人民，是他親手所引導的羊群。【答】

領：今天，該聽從他的聲音：不要再像在默黎巴那樣心硬，也不要像在曠野中馮撒那天，你們的祖先，雖然見過我的工作，在那裡，他們還是試探我，考驗我。【答】

讚經二 (天主的愛，藉著所賜與我們的聖神，已傾注在我們心中了。)  
恭讚聖保祿宗徒致羅馬人書 5:1-2, 5-8

福音前歡呼  
領：基督、天主聖言，願光榮歸於你。  
眾：基督、天主聖言，願光榮歸於你。

領：主，你確實是世界的救主；請給我活水，免得我再口渴。(參閱若4:2, 15)

眾：基督、天主聖言，願光榮歸於你。  
福音 (耶穌是活水，是湧到永生的水泉。)  
恭讚聖若望福音 4:5-15, 19-26, 39, 40-42

那時候，耶穌來到撒瑪黎雅的一座城，名叫希哈爾，靠近雅各伯給他兒子若瑟的莊田；在那裡有「雅各井」。耶穌走累了，就順便坐在井旁；那時，大約是第六時辰。有一個撒瑪黎雅婦人來打水。耶穌向她說：「請給我一點水喝！」那時，耶穌的門徒都到城裡，去買食物。那撒瑪黎雅婦人就回答說：「你既是猶太人，怎麼向我一個撒瑪黎雅婦人要水喝呢？」原來，猶太人和撒瑪黎雅人一向不相往來。

耶穌回答那婦人說：「如果你知道天主的恩賜，並知道向我說『給我水喝』的人是誰，你或許早就會求他，而他也早就賜給了你活水。」

那婦人問說：「先生，你連打水器也沒有，而井又深，你從那裡取得那活水呢？難道你比我們的祖先雅各伯還大嗎？他留給了我們這口井；他和他的子孫，以及他的牲畜，都曾喝過這井裡的水。」

耶穌回答說：「凡喝這水的，還要再渴；但誰若喝了我賜給他的水，他將永遠不渴；並且我賜給他的水，將在他內，成為湧到永生的水泉。」

婦人說：「先生，請給我這水吧！免得我再渴，也免得我再來這裡打水。」

「先生，我看你是個先知。我們的祖先一向在這座山上，朝拜天主，你們卻說：應該朝拜的地方，是在耶路撒冷。」

耶穌回答說：「女人，你相信我吧！到了時候，你們將不在這座山，也不在耶路撒冷，朝拜父。你們朝拜你們所不認識的，我們朝拜我們所認識的，因為救恩出自猶太人。然而，時候要到，且現在就是，那些真正朝拜的人，將以心神以真理朝拜父，因為父就是尋找這樣朝拜他的人。天主是神，朝拜他的人，應當以心神以真理去朝拜他。」

婦人說：「我知道默西亞 (意即基督) 要來；他一來了，必會告訴我們一切。」

耶穌向那婦人說：「同你談話的我就是。」

城裡有許多撒瑪黎雅人，信從了耶穌，因為那婦人作證說：「他向我說出了我所做過的一切。」

這樣，那些撒瑪黎雅人，來到耶穌面前，請求耶穌在那裡住下；耶穌就在那裡住了兩天。還有更多的人，因為耶穌的宣講，而信從了耶穌。他們向那婦人說：「現在我們信，不是因為你的話，而是因為我們親自聽見了，並知道：他確實是世界的救主。」

——上主的話。

\*\*\*\*\*  
彌撒後請各教友參加午餐聚會  
Sunday School主日學 12:00 (中英雙語)  
\*\*牧職修女司徒金美修女 0419-426899  
\*\*北區中心聯絡 Gloria Cheung 0416-118089

**Lord, in Jesus your Son, you restored to us the gift of everlasting life. Grant that life to:**

**Recently deceased:** Patrick Martin, Elvira Rodriguez (Maia Schulze's grandmother), Mary McCormick, Juliette El Khouri, Peter Lawrence, Daniel Hodgson.

**Anniversary:** George Joseph Blayney, Giuseppe & Maria Arabia, Edgar & Berta Montano Brian Bartlett, Antonietta Miccelli, Thomas Plush, Raymond Grannall, Benjamin Heffernan, Joyce Blomley, Paula Clarkstone, William Ward, John Cashman, John Brennan, Nena Umali, Eric Atkins, Max Coleman.

**Please pray for those who are sick:** Elizabeth Wales, Annette Leong, Diana Rosewell, Genevieve Larkin, Wolfgang Liers, Tanya Walsh, Jutta Mathur, Jessica Keen, Ali Crawford, William Wise, Janette Brennan, Barbara and John McMullen.



Donate now

## MONORANJON from BANGLADESH

Monoranjon, 47, lives in a coastal village in southwest Bangladesh, one of the regions most affected by climate change. He and his family face extreme heat, cyclones, water scarcity, and rising salinity that is destroying crops and livelihoods. As a farmer and father of two, Monoranjon struggled to provide for his family and keep his daughter and son in school. "In this dry season no seedlings come out from seeds. Due to heat of the sun and lack of water, plants are dying," Monoranjon said.

Thanks to support from Caritas Australia and its partner Caritas Bangladesh, Monoranjon joined the Community Managed Sustainable Livelihoods and Resilience Programme. He learned climate-resilient farming techniques, including organic vegetable cultivation, livestock vaccination, crab fattening, and salt-tolerant crop production. His income has improved, allowing him to send his children to school and access better nutrition. Monoranjon now teaches others in his village, inspiring change and resilience across the community.

Monoranjon with his wife Anifa, daughter Sushmita and son Chandon outside their home in southwest Bangladesh.

'Doing this I maintain my livelihood, but we have to work very hard. Seeing me, many people started. This is how they grow vegetables,' Monoranjon said.

Monoranjon also works with his community to plant mangrove seedlings on the mudflat coastlines across the delta they live on, to prevent further erosion and flooding of their lands.

Despite these improvements, the region remains at grave risk. With the looming threat of increased strength and frequency of cyclones, rapid sea level rise, dangerously high temperatures and drought, more people like Monoranjon desperately need an increase in support, so they can continue to provide a future of education for their children, and a way out of poverty.

Along with your generous support, this project is supported by the Australian Government through the Australian NGO Cooperation Program (ANCP).

Please come along and support.....

## LINDARA MARKET

**Saturday  
21<sup>st</sup> March  
8am - 1pm**



Where? At Lindfield Uniting Church, cnr Pacific Hwy and Provincial Rd Lindfield.

**Plenty of bargains for everyone at this HUGE charity jumble sale:**

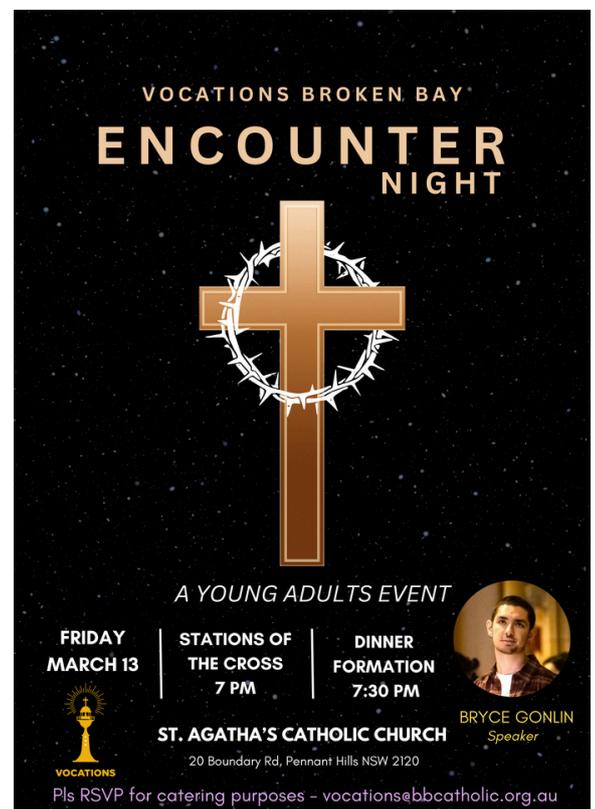
\$2 recent release books  
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puzzles, toys & board games  
kitchenware chairs & lots of household "stuff"  
sausage sizzle  
& Devonshire Teas,  
tools, bric-a-brac,  
camping, sports etc.

All proceeds support families in crisis via Lindara Family Programme based in Waitara. Market enquiries email [lindfielduca@gmail.com](mailto:lindfielduca@gmail.com) or leave a message on 9416 2106.

## THE END OF CIVILISATION?

A headline in the tablet version of *The Sydney Morning Herald* last week:

**'How the US sunk one of Iran's most modern warships.'**



VOCATIONS BROKEN BAY  
**ENCOUNTER NIGHT**

A YOUNG ADULTS EVENT

FRIDAY MARCH 13 | STATIONS OF THE CROSS 7 PM | DINNER FORMATION 7:30 PM

ST. AGATHA'S CATHOLIC CHURCH  
20 Boundary Rd, Pennant Hills NSW 2120

BRYCE GONLIN  
Speaker

Pls RSVP for catering purposes - [vocations@bbcatholic.org.au](mailto:vocations@bbcatholic.org.au)

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News & Events >>>Virtual Parish Noticeboard



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## Youth News

### THANK YOU FOR JOINING US THIS WEEKEND!

Here's your weekly update of what's happening with the youth of our church



Monthly Parish

## Potluck Dinner

Let's share together food, faith and Christian fellowship at our next Potluck dinner.

Sunday  
March 15th

After the 6pm  
Youth Mass

St Brigid's Hall, Lindfield Church

Please bring a plate!



### Did you know?

The 3<sup>rd</sup>, 4<sup>th</sup> and 5<sup>th</sup> Sunday during Lent are called "Scrutiny Sundays". These Sundays are when the Church prays in a special way for people getting ready to be baptised.

The church community asks God to help them grow strong in faith. It's also a time to ask God to clean our hearts and help us choose what is right.



VOCATIONS BROKEN BAY

## ENCOUNTER NIGHT



A YOUNG ADULTS EVENT

FRIDAY  
MARCH 13

STATIONS OF  
THE CROSS  
7 PM

DINNER  
FORMATION  
7:30 PM



ST. AGATHA'S CATHOLIC CHURCH

20 Boundary Rd, Pennant Hills NSW 2120

Pls RSVP for catering purposes - [vocations@bbcatholic.org.au](mailto:vocations@bbcatholic.org.au)



Please contact Kate at [youth@lindfieldkillara.org.au](mailto:youth@lindfieldkillara.org.au) for all things youth related